# Marriage and Family Counseling Service

January/March 2018 Quarterly e-Newsletter Rock Island, IL

#### John Deere Classic Birdies for Charity Scores!

This year the John Deere Golf Classic Birdies for Charity raised a record \$12,700,000. Since 1971, the Birdies program has delivered over 80 million dollars to regional charities. The John Deere Classic Birdies is the 3rd largest in the nation.

This year MFCS received \$13,417 in pledges and \$1,341 in a 10% bonus from The Birdies making a total of \$14,759. With 46 pledgers and slightly higher per person pledges, the \$10,947 is the highest amount earned in the charity ever by the agency.

"We are urging supporters of the agency next year to make their contributions through the Birdies program. Each year the agency not only receives the amount you designate, but also an additional amount based on the greater fund totals raised by the Birdies program," said Laurie Skjerseth, chair of the Development Committee



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## Grants

MFCS received in grants during 2017, according to Laurie Skjerseth, Development Committee Chair. The following grants added to the work of the agency: Amy Helpenstell Foundation, \$5,000 Brissman Foundation, \$2,000 Community resource Corporation, \$9,092 Doris and Victor Day Foundation, \$2,000 Junior Board of Rock Island, \$1,500 Mel McKay Foundation, \$1,550 Rock Island Community Foundation, \$2,000 Trinity Lutheran Church, Moline, \$1,020



#### 2017-2018 Leadership:

Karen Brooke President

John Horn Vice Presdient

Laurie Skjerseth Secretary

Jerry Goddard Treasurer

## **Board of Directors:**

January 18, 11.30 AM

March 15, 11.30 AM

# FACTS and IMPACT

Married people over 21 years of age:

## 1990

– 51% of poor adults

- 57% of working class adults
- 65% of middle/upper class adults

## 2116

- 26% of poor adults
- 39% of working class adults
- 56% of middle/upper class adults

#### **Early Intervention International Play Groups**

With an initial grant from Trinity Lutheran Church, Moline, MFCS began a partnership with the Child and Family Connections agency to offer specialized play groups for children ages 1 - 5 from Spanish-speaking homes.

During the second pilot offering, Xochi Herrera Pannell and Lisa Viaene discovered that several Asian parents appeared with their children. Through sign language and a minimal amount of English, the Play Group worked! Thus, the name of the group was changed from Hispanic Play Groups to International Play Groups.



- The 3rd EIIPG met in November at Church of Peace, Rock Island, with seven Asian and African families participating.
- The 4th EIIPG is scheduled for February at Church of Peace.

#### Latinas Unidas Quad City

Latinas Unidas Quad City is the name the women in the Spanish Family Therapy Program have chosen for the combination educational and social programs.

• In July, they held a Zumba Class together with a program on "How Nutrition Affects Emotional Health." The program was held as St. John's Lutheran Church, Rock Island.

• November 29 35 Asian and African families members made gingerbread houses and discussed how to spend quality time with family members during the holidays.

• December 13 an international group of 41 family members met to make Christmas ornaments and gifts, provided by Church of Peace, were distributed by Santa This event was on Channels 4 and 8 news.



#### **Boundaries Workshop**

Bodynamics USA will present a workshop on Boundaries in conjunction with Betsy Zmuda Swanson of our staff on January 26 and 27. The workshop will explore how to negotiate social interactions using Bodynamics, a somatic therapy.

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